

WorldMontana[®]: Center for Diplomacy and Leadership is an affiliate of the National Council for International Visitors (NCIV) based in Washington, D.C. We are one of 98 community-based non-profit centers throughout the United States that helps facilitate the International Visitor Leadership Program sponsored by the U.S. Department of State. In Montana, we host approximately 100 international leaders through this and other programs each year. The program participants are international leaders in the fields of environmental affairs, local government, media, education, human rights, law, E-commerce, management of non-profit organizations, livestock & wildlife management and foreign affairs.

Monday, July 18

10 PM Mexican students arrive and meet families at Helena Regional Airport and go to homes.

Tuesday, July 19 INTRODUCTION AND EMPATHY

9:00 AM Home stay families will drop you off at St. Charles Hall on Carroll campus for an introduction to the program and orientation for WorldMontana by Executive Director Ellen Bush and staff. All meetings are scheduled for **room 140 in St. Charles** unless we have two groups meeting at once. Introduction to journals.

10:00 AM Students will receive training from **Shannon Stober** on basic team and communication skills to assist them with their team cohesion and community navigation while in Montana. Content will include information on basic communication skills and styles, as well as a review of active listening and the use of advocacy and inquiry while engaging in dialogue with others. She will also introduce journals, and how to get the most out of journaling opportunities. Shannon is a consultant and owner of Verve Exchange Consulting who has worked with youth and prevention based programs for more than 10 years. (Goal 1)

Contact: 406-439-4436 Shannon@VerveExchange.com

12:30 PM Picnic lunch at **Spring Meadow Lake and conversation** on repurposing of gravel pit for state recreation use and use of ground water. This rehabilitation project has dramatically increased the amount of wildlife in the valley around Helena. By creating this lake and leaving it free from development, birds have been able to return to the Helena valley for breeding and nesting, in turn attracting predators and establishing an ecosystem similar to that which existed prior to the mining boom in Montana.

Students will also participate in a facilitated dialogue with the Iraqi youth, who will be nearing the end of their visit in Montana. The dialogue will focus on the Iraqi students impressions of Montana as well as identifying unifying factors between groups to assist in placing their experience in a broader, universal lens. This may include linking the groups' topics of the environment and substance abuse, by looking at effects on the environment. **(Goal 3)**

2:00 PM Visit **Montana WILD** to learn about Spring Meadow Park and the animals there. Montana WILD is a conservation education center located on the west side of Helena adjacent to the popular Spring Meadow Lake state park. It's operated by Montana Fish, Wildlife & Parks, and invites visitors to enjoy the state's outstanding fish and wildlife resources. Here you'll find an engaging fish and wildlife exhibit, a live Montana fish aquarium, an outdoor

picnic area, and all the information you need to enjoy Montana's great outdoors. **(Goal 2)**

Location: Montana WILD, 2668 Broadwater Ave., Helena, MT

Contact: 406-444-9944

4:00 PM Home stay families will pick up their students at Carroll and return home for the evening. *A de-briefing of the day's activities will take place prior to host families picking up.*

Wednesday, July 20 LEARNING FROM HISTORY AND NONPROFIT CONNECTIONS

8:30 AM Home stay families will drop you off at St. Charles Hall on Carroll campus for check in, debriefing and preparation for the day.

9 AM Meeting with **Opportunity Bank Senior VP Larry Williams** on leadership in business and discussion on budgeting for nonprofit and projects. He will also discuss how banks support local businesses and nonprofits. He is engaged in leadership opportunities through the bank and with local groups. The students will learn about budgeting during this discussion. **(Goal 1)** (Combined with Iraqis) Or time to debrief and connect after first day.

Location: Room 140, St. Charles Hall.

10:30 AM **Coleen Smith, Executive Director of Youth Connections**, will give an overview of Montana issues and YouthConnections group. This is a youth led group that works on prevention of substance abuse issues in collaboration with other nonprofits in Helena. She will invite students on her board to join us the discussion and discuss common experiences, possible collaboration and the Mexican project. **(Goal 1)**

Location: Room 140, St. Charles Hall.

11:45 AM **LUNCH** at a local lunch place such as Gyros, Dive Bakery, etc.

1:30 PM Meet-and-greet with **Lt. Gov. Mike Cooney** to discuss youth activism and how the state of Montana encourages youth to get involved in its local communities. You will be joined by several residents of Montana who come from Iraq.

2:00 PM Meeting with **Governor's Service Office, Marissa Perry, Outreach communication.**

Location: Reception room Governor's office, Capital Building

3:00 PM Tour Capital Building. Last Chance Tour train tour of Helena. **(Goal 2)**
Journal time and reflection after the tour.

4:30 PM Home stay families will pick up their students from the Capitol and return home for the evening. *A de-briefing of the day's activities will take place prior to host families picking up.*

**Thursday, July 21 COMMITMENT TO THE GROWTH OF PEOPLE,
LEARNING ABOUT OTHER CULTURE**

8:15 AM Home stay families will drop you off at St. Charles Hall on Carroll campus.

8:30 AM Morning check-in to discuss the day's events. You will receive a question of the day, which you should think about in order to prepare you for the afternoon's debriefing. Journal time.

Location: Room 140, St. Charles Hall.

9 AM Presentation and skills workshop on non-profit management and how to deal with a disaster in fundraising and online funding from **Ann Waickman, Executive Director of the Helena Community Foundation**. She was also very successful as former Executive Director of the Food Bank. **(Goal 1) (Combined with Iraqis)**

Location: Room 140, St. Charles Hall.

10:30 AM **Mike Jetty, Indian Education for all, Office of Public Instruction** will talk about Native American tribes in Montana and their approach to environmental issues and substance use. Understanding other approaches to protecting the environmental will help students to meld all the information they have received and decide how to apply it in their home country. He will also bring his drum and demonstrate Native American music and culture. **(Goal 3) (Combined with Iraqis)**

Location: Room 140 in St. Charles Hall

LUNCH near campus at Subway or Last Chance Creperie

1:30 PM Immigration in Helena facilitated by **Mary Jane Ilgenfritz from the YWCA**, joint session with **Iraqi immigrant Taif Adhami and recent Cuban immigrants**, as well as immigration attorney and host parent **Candida Quinn**. **(Goal 3)** *A de-briefing of the day's activities will take place in separate groups led by Mary Jane and host parent Candida Quinn. This group will meet in classroom 110 (to be opened by Jeanette or Cheri.)*

3:00 PM Video work and/or prepare for Rotary club presentations, and for work with the Montana Youth Leadership Forum and students with disabilities. Orientation from counselor for MYLF in preparation for evening event.

6-10 PM **Dinner Banquet and dance with Montana Youth Leadership Forum (MYLF)**, a group that mentors youth with disabilities. They will have a banquet and a speaker from the Voice, Blessing Offer, followed by a dance. **(GOALS 3 AND 4)**

The mission of MYLF is to identify students with disabilities who have exhibited leadership skills and equip them with additional training so that they may become leaders by example. MYLF students will expand their knowledge of the culture of disability, learn about all types of disabilities, and meet adults who are living successfully with disabilities.

Location: *Campus Center, Carroll College*

Pick up by families at 10 p.m. Carpooling can be arranged.

Friday, July 22 YOUTH EXPERIENCES AND DEVELOPMENT

- 9 AM** Home stay families will drop you off at St. Charles Hall on Carroll campus for debriefing time.
- 10 AM** **Michelle Lewis, director of International Programs at Carroll** will discuss Carroll's international opportunities for education and focus on an international component to education. This session was requested by group last year. **(Goal 2)**
- 11:30-1 PM** Session with **Kenzie Antila, Prevention Fellow for Department of Health and Human Services on ACEs** prior to lunch with the group. ACEs stands for adverse childhood experiences, and is a method of evaluation used to gauge what kind of situations can lead someone to have a higher risk of substance abuse. The students will learn what type of past experiences, both positive and negative, can contribute to a higher risk future through this interactive workshop. Working lunch time together. **(Goal 1)**
- 1-2:30 PM** Students will participate in a workshop with **Shannon Stober** discussing the history of youth risk behavior prevention and the current state of Positive Youth Development as it pertains to youth drug prevention. Shannon will provide students with a basic overview of designing Positive Youth Development programs, focusing on the "Big 3" (Youth Leadership, Youth Skill Building, and Positive Relationships) and the 5 C's (competence, confidence, connection, character, and caring). The session will conclude by building on what the students learn in Vermont, and an introduction to project planning to assist the students in translating the information gained to their efforts in their local communities.
(Goal 1) (Combined pieces with Iraqi)
- 3 PM** **Dress rehearsal on Iraqi presentation to Jovenes students.**
- 4 PM** **Walk downtown for other planned activities. Tour historic Helena downtown, see** mining exhibits, possible Holter Art Museum visit, Reeder's Alley etc. Part of this walk would also consist of an **alcohol density scan**, where students can look out for all the shops, bars, and restaurants that sell alcoholic beverages. **Kenzie** can introduce this awareness activity in her earlier talk. **(Goal 5)**
- 5:00 PM** Pick up in downtown Helena at arranged place.
- Saturday, July 23** **Weekend activities with host families around recreation, events in Helena etc. Barbecue planned at Philip and Beth Steele home West of Helena at 7 PM. (Goal 4)**
- Sunday, July 24** **Weekend activities with host families around recreation, events in Helena etc.**
- Monday, July 25** **LOGIC MODELS AND LAWS**
- 8:45 AM** Home stay families will drop you off at St. Charles Hall on Carroll campus.

9:00 AM Debriefing and reflection on first week of program. Journal time.
10-Noon **Addictive and Mental Disorder Division** staff from the **Chemical Dependency Bureau** that focus on primary substance abuse prevention will conduct workshops about data, the strategic prevention framework, as well as funding. **Bill Reamer** will focus on the science of prevention, and **Christine Steele** can give a session on logic models and the importance of community driven coalitions. **(Goal 1)**

Contacts: Billy Reamer, breamer@mt.gov; Christine Steele, csteele@mt.gov

LUNCH at a local lunch place

1:30 PM **Lisa Scates, Montana Dept. of Revenue Liquor Division**, will discuss knowing the rules on legal drugs and how alcohol laws are enforced, how the training for services protects the company and what youth should expect in ID checks. This workshop will consist of a Jeopardy game for students. **(Goal 1)**

3-4:30 PM Facilitator led workshop on project work for students, **video project work**

4:30 PM Host families pick up at Carroll College.

Tuesday, July 26 BUILDING COMMUNITY

8:30 AM Home stay families will drop you off at St. Charles Hall on Carroll campus.

Planned trip to YMCA Camp Child about 1 hour from Helena to volunteer with elementary students there, learn about teamwork and leadership with activities. Other option includes an Occupational Therapy Camp at Intermountain facility in Helena. Opportunity to volunteer and connect on ways to support a nurturing environment for youth. **(Goals 1, 3 and 4)**

LUNCH on campus or at the Avon Café (very rural and a slice of Montana life)

1:20 PM Arrive at 111 Sanders Building, Room 207 for meeting prep. (Top floor)

1:30–3 PM WebEx seminar with a coalition of agencies focused on **Prevention Resources**. Students will learn about how collaboration works in a large rural state with agencies and nonprofit groups working together on plans for workshops and events. They will be introduced and will have an opportunity to talk about their project work in Mexico. **(Goal 1)**

3:15 PM Meet with **Vicki Turner, Prevention specialist**, at office and other resources available. Invited guests include **Director Richard Opper**.

4:30 PM Pick up at Prevention Resources office on 111 Sanders or at Capitol Building nearby or at Historical Museum on same block.

Wednesday, July 27 FOCUS ON ROTARY AND VOLUNTEERING

8:30 AM Home stay families will drop you off at St. Charles Hall on Carroll campus.

9:30-11 AM **YWCA (Young Women Catholic Association) volunteer opportunity.** The YWCA in Helena works to assist women and children who are experiencing rough times, in providing them with resources that help them restore hope and a happy and healthy lifestyle. The program has promised a volunteer opportunity, hopefully related to prevention of substance abuse. **(Goal 2)**

11:30 AM Leave for **Rotary Club meeting** at Green Meadow Country Club.

11:45-1 PM Present to Rotary Club and have lunch, talk about program and project. The Rotary Club is a big sponsor and supporter of WorldMontana, and they work to encourage international visitors and programs. They promote positive interaction and change in their community and across the globe. **(Goal 1)**

2-4 PM **Video presentation for Cisco sponsor. Or Reflection time and journals.**

5 PM Alive at 5, Downtown Helena event where students can meet local food vendors, enjoy live music, and observe the public drinking scene. They will see a process of carding, where only those over 21 will receive a wristband that can ensure vendors that they may be served alcoholic beverages. The students will have the opportunity to volunteer with local vendors and recycling during and after the event. (Goals 3 and 5)

Pickup downtown by host families at time and place to be arranged.

Thursday, July 28 (flexible day with a possible call/video conference with sponsor)

8:30 AM Home stay families will drop you off at St. Charles Hall on Carroll campus for debriefing and reflection.

10-11:30 AM Facilitator led workshop on project work for students.

Noon LUNCH near campus

1-2 PM **Montana Tobacco Prevention Program** discussion with **Jennifer Ullman, the program manager**

Contact: jullman@mt.gov

2 PM **Michelle McNiven, the Youth Health Education Specialist,** will discuss a youth coalition component called react. This group may have some type of activity with the Helena Brewers, a baseball farm team for the Milwaukee Brewers.

Contact: mmciven@mt.gov

4 PM to 6 PM Transport to Fair with Suburban and private car. **Lewis and Clark County Fair,** with 4H and fair activities. **(Goals 3 and 5)** Interaction with 4H students and parents to be arranged.

The 36,000 square foot, air conditioned Exhibit Hall hosts 4-H and open competitive exhibits where you

can view all the winning entries from photography to quilts, 50 commercial vendors and an entertainment stage and other great events. Northstar Amusements Carnival sets up over 20 rides with a separate area for younger children in the popular “Kiddie Carnival”. There are over 20 food vendors on site with additional commercial vendors and displays outside, an outdoor entertainment tent and petting zoo. The “Last Chance Stampede and Fair” offers something fun for everyone!

Dinner at Fair with funds provided. <http://www.lewisandclarkcountyfairgrounds.com/last-chance-stampede/>

7:30 PM **Last Chance Stampede and Rodeo at Lewis and Clark County Fairgrounds.** Will ask for donated tickets for rodeo and the fair. **(Goals 3 and 5)**

Friday, July 29 WRAP UP AND HOST FAMILY DINNER

8:30 AM Home stay families will drop you off at St. Charles Hall on Carroll campus.

9:00 AM Wrap up time for program with WorldMontana, plans for presentation.

10 AM Students will reconvene with **Shannon Stober** to reflect upon their experience, and review what they have learned regarding their communication skills and drug prevention initiative planning. They will conclude by reviewing and practicing their public speaking skills in preparation for their community presentations. **(Goal 1)**

Noon LUNCH on campus

1-3 PM Tour of Carroll College, trip to Great Northern town center, Exploration Works interactive museum.

Contact: Nikki Anderson, Paige at Exploration Works

5:30 PM to 8 PM Final dinner celebration with host families, some resources and WorldMontana staff. St. Charles Hall, Carroll College. Kitchen. Video presentation and other presentation pieces.

Saturday, July 30

4 AM Be at the airport for early morning departure from Helena Regional Airport.

5:50 AM Flight departs.